L. Schram M-5 (1911-1922) 1954 AE9 Monguor AE9

273 at New Year and at weddings, funerals, and other festivals. The women do the distilling. Drinking too [733] much is a weakness of Monguor men, and the women also like to drink a cup. As the distilling is crude, the liquor is by no means a healthy drink. In order to avoid drunken fights at the great spring and autumn festivals, liquor is drunk only at the end of the festivities.

276 Monguor men smoke all day long, using Chinese tobacco and the long-stemmed Chinese pipe with a small brass bowl holding less than a thimbleful of tobacco. Often, instead of buying a wooden pipe stem from a peddler, the men make them for themselves, using the leg bone of a sheep. The pipe is hung from the belt, balanced by a small pouch which contains tinder and some small flints and has a steel 'keel.' To strike a light, a piece of flint and a pinch of tinder are held between forefinger and thumb and struck against the steel. Women seldom smoke.

733 The practice of smoking opium has to some extent spread from the Chinese to the Monguors, and wherever there is an opium addict the whole family is sure to be ruined. Some T'u-ssu allow their subjects to raise opium, while others forbid it.

CLOTHING AND HEADDRESSES

291 For centuries the Monguors have been proud of their national costume, though it is true that in some Monguor communities Chinese clothing had become commoner than the Monguor costume by 1922. The adoption of Chinese clothing is probably due to the fact that the Monguor costume was despised by the Chinese wives of chiefs of clans and rich men. The enrollment of Chinese families in the Monguor clans has also had an influence. In 1949 the Communists, when they overran the Monguor country, forbade the wearing of the national costume—presumably as part of a policy of obliterating the separate customs and traditions of small minorities.

The traditional men's costume is much less elaborate than that of the women. The trousers are made of blue cotton cloth and are cut in the Chinese style with a loose crotch and baggy seat. It is said that in former days the men did not wear trousers at all, and even today the old men living north of Weiyuanp'u do not wear trousers under their gowns unless they are going to town.* Monguor boots resemble Tibetan boots, having a "shoe" made like a moccasin and a cloth leg reaching [214] to the knee. The legs of the trousers are stuffed into the boots. Sometimes the leg of the boot is embroidered. In winter some Monguors wear leather boots bought in the city.

* It is possible that the Monguor tradition on this subject is confused. Trousers have been part of the Mongol costume from ancient times. On the other hand, the Tibetans, especially the nomad Tibetans, do not wear trousers, and it is possible that the custom among some Monguors of not wearing trousers is due to Tibetan influence. On the subject see Hermanns, *Die Nomaden von Tibet*, Vienna, Verlag Herold, 1949, and Ekvall, *op. cit.*—O. L.

[P. 138a]